



**Go Orange**  
FOR MUSCULAR DYSTROPHY  
[go-orange.com.au](http://go-orange.com.au)



**1-8 JUNE 2025**

## Top Tips to Go Orange for MD in your School

### 1. Sign up for Go Orange for MD

at [go-orange.com.au](http://go-orange.com.au) where you'll also find resources to assist your event planning.

### 2. Set the Date

Decide when you'll have your fundraising event.

### 3. Decide what to do

What's your style in orange? Add a hint of orange to your uniform with permission from your school and bring a gold coin.

Perhaps you can have a talk given at assembly about muscular dystrophy.

### 4. Spread the word

Put up some posters in your school. Set up a fundraising page at [go-orange.com.au](http://go-orange.com.au) for people to donate and share the link in your emails, so people have it to hand on the day.

Talk about why you want everyone to Go Orange for MD and the difference it makes – if you have a personal connection to us then sharing this can help encourage people to take part.

### 5. Make the event fun

Perhaps you want to have orange cakes at recess or have a lunch time competition for best dressed in orange or have a raffle or a quiz about orange?

### 6. Send a reminder

A week before your event send out a reminder to come along, bring a donation and join in the fun.

### 7. Share your photos

The event photos are such a great memory, so get permission to use photos you take of your school mates and share on your socials. Fb #MDTas & Insta #MDTasmania

### 8. Pay in your donations

Go to [go-orange.com.au](http://go-orange.com.au) to donate



**Get Started →**



Go Orange for MD is an initiative of Muscular Dystrophy Tasmania (MDT)  
Contact the MDT State Coordinator for more information  
P. 0417 372 233 or E. [coordinator@muscular dystrophytasmania.com.au](mailto:coordinator@muscular dystrophytasmania.com.au)

Supported by:



Co-Op Toyota

